

Suitcase 4 Success

As you move on to University or employment, you will find yourself in many new formal and professional situations.

Knowing what to wear that helps make you look and feel your best, builds confidence and ensures success!



Aim of Course:

2 hours of fun, self-discovery and confidence building, for both young women and men. Learn about your best colours, styles and shapes of clothes that suit your lifestyle, career goals, body shape and budget. Berith Sandgren-Clarke, professional image consultant, will give you sound style advice and will show you what you need to pack in your 'Suitcase4Success'!

Course content:

- Based on life and career goals, find out how style can improve success.
- Discover your best colours, style and shape of clothes that suit.
- Find out which essential garments and accessories you will need to pack in your 'Suitcase4Success'
- Learn how to shop more effectively on your budget and avoid 'impulse' purchases
- Tools and tips on basic grooming and how to manage your wardrobe.

Plan your day:

- Bring a favourite article of clothing or accessory to gain personal advice and feedback.
- You will have the option of purchasing a Colour swatch wallet containing your best dominant colours for £30